Berrien Springs Partnership Syllabus and Instructor Qualifications

# **CLASS TITLE: Swim Club**

# **GRADE OR AGE LEVELS:** **Age 17 and younger, Must be able to swim a full lap on front and on back with NO assistance Or about a Level 4+ Swimming Ability**# **Classes (REQUIRED):** 16 classes # **HOURS (POSSIBLE): 24 classesTOTAL SEMESTER HOURS POSSIBLE: 24 hrs of class timeLOCATION/ADDRESS: DIRECTIONS TO LOCATION (if needed):**

# **Tuesday & Thursday: 3:30-4:25pm Location at Andreasen Center for Wellness 8750 West Campus Circle Dr. Berrien Springs MI 49104**

# **Program Coordinator:** Alyssa Walter

# **ADDITIONAL PRIMARY INSTRUCTORS (background checked):** Katie Capps, Jonathan Capps, Anna Lechleitner, Isabel Widdis, Melissa Marciniak, Barry Wilson, Trinity Sulger, Matthew Lechleitner, Conner Fortune, Rebekah Capps, Sofia Oudri, Others depending on hiring in the Fall

# **CONTACT INFORMATION:**  **phone:269.471.6093 email: au.poolprograms@gmail.com website: www.andrews.edu/pool/**

ADDITIONAL REGISTRATION AT SITE REQUIRED?  **YES**
IF YES, INSTRUCTIONS FOR REGISTRATION: visit our website and click on Swim Programs, then Swim Club, then Register

# MAIN INSTRUCTOR QUALIFICATIONS: Water Safety Instructor American Red Cross Certification

COURSE DESCRIPTION (complete overview shown on website):

* Increase endurance: be able to swim longer, continuously, at a consistent pace.
* Speed: be able to swim at a quick pace for a short, or moderate distance.
* Attitude: be able to encourage other swim club members and be always ready to do your best.

SYLLABUS/OUTLINE: Each week varies as the teacher develops their own block plans for the courses each semester.

STUDENT ASSESSMENT - what will be used to evaluate student progress and/or end of semester pass/fail status?
All classes abide by the following:

1. Student agrees to attend at least 80% of class sessions/lessons offered. Attendance is kept online and tracked by Partnership staff. Failure to meet 80% or be on track to meet 80% may result in program discontinuation.
2. The Partnership Student Assessment or Performance Form is filled out by the teacher and turned in to Partnership staff. The link to this form is found on the web page for this class. Failing marks for lack of participation, behavior issues, practice time, etc. may result in program discontinuation.

**Class-specific assessment:**

(These awards will be presented to swimmers on the last day of the semester)

* Bronze award: be able to swim 6 laps in 10 minutes.
* Silver award: be able to swim 8 laps in 10 minutes.
* Gold award: be able to swim 10 laps in 10 minutes.

# ADDITIONAL RESOURCES: (online, books, video, etc.): Additional content has been shared with the Partnership including online videos and phone ap. learning and safety quizzes

# CLASS POLICIES: ATTENDANCE, BEHAVIOR, WEATHER, ETC.

**Attendance:** Call and email if you know you will be absent. No Makeup days are an option.

**Behavior:** Be respectful to the teacher and other students. Be willing to try new things but ask for help if needed. Come to class ready to learn in your swimsuit and a pair of goggles.

**Weather:** Look for an email or a text on the day of inclement weather to know if your class will still plan to meet or if alternate class times will be arranged.

**Other:**