Introduction to Fencing/Open Fencing Class Combined

(What it means to be a Fencer? )

Spring 2017– January 19th – May 11th

# Instructor Information

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| --- | --- | --- |
|  |  | Class Location & Hours |
| **Rebecca Schneider** | [**rebajane8@gmail.com**](mailto:rebajane8@gmail.com) | Lakeshore Baptist Church  5411 Cleveland Ave  <https://www.facebook.com/lbcstevensville/>  3 pm – 4:15 pm -Intro Class  3:30 – pm – 4:30 pm-Open |
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# General Information

***This course is intended throughout the semester to provide students with the fundamentals of fencing, including footwork, Introduction of blade, bouting, history and refereeing. It will allow students to develop the ability to analyze a fencing bout, and promotes creativity in applying acquired skills to be a fencer. In addition this will be open fencing for all fencers and levels.***

***1hour 15minutes* 8 and up combined class.**

## Expectations and Goals: (circle one): Pass/Fail or Grade Given – PASS/ FAIL

Course Materials

## Required Materials (most should be provided by teacher covered in course fee, indicate if provided by student, i.e. sewing kit)

* **Water Bottle and bring one pool noodle.**
* **What to wear**

**Athletic loose clothing only – (NO JEANS ) warm up pant, tennis shoes, yoga pants for the girls are acceptable.**

Course Schedule

| Week Topic | |  |  |
| --- | --- | --- | --- |
| Jan. 19th Presentation/Introduction/Make a sword for fun! | |
| Every practice will provide warm up, stretch ,drills, commentary/review, foot work, bouting and increasing the skills as the students learn.   * Foot work-Advance ,retreat and lunge * Parries – 4,6,7,and 8 * Tactics * Safety * History | |  |  |
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# End of Semester: Finished Work

* Evidence of Learning (circle one): post-test score improvement, fine arts recital, work of art/art show, class/parent/public performance, achievement of a higher level or rank, product creation, scrapbook, written examination or report.
* **Post-test**
* **Attendance**
* **Performance of basic foot work**
* **Understanding the basics of fencing including vocabulary.**
* **Knowing all parries (4,6,7and 8)**
* **Good sportsman ship and etiquette**