Ballroom Dance Syllabus

Fall 2017 and Spring 2018

# Instructor Information

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| --- | --- | --- |
| Instructor | Email | Class Location & Hours |
| **Sharon Haynes** | Ballroomblitz81@gmail.com | SJ YMCA, Studio B, Mondays, 7:20-8:35 |

# General Information

## Description

Learn the most popular dances in a fun and social atmosphere! No partner necessary! Lessons will include Latin and Rhythm styles, such as: Waltz, Foxtrot, Tango, Cha Cha, Salsa, Rumba, Swing, and Hustle. Students will learn basic patterns and technique in order to be able to ask and accept an invitation to dance, as well as when and where area dances are held. Comfortable, casual attire is best. Gentlemen should wear comfortable dress shoes; ladies should bring comfortable, securely strapped low heels if possible.

## Expectations and Goals: (circle one): Pass/Fail or Grade Given

Pass/Fail

Students are expected to try their best and come with confidence and an eagerness to learn as well as a positive and encouraging attitude toward others. Students will be expected to dance with all participants on a rotating basis during each class. 80% attendance required.

# Course Materials

## Required Materials (most should be provided by teacher covered in course fee, indicate if provided by student, i.e. sewing kit)

* Comfortable shoes adequate for dancing are required.

## Optional Materials (provided by student/family)

Actual dance shoes are optional.

# Course Schedule

| Week | Topic | |  |  |
| --- | --- | --- | --- | --- |
| 1st 7 week fall session: | Waltz and East Coast Swing | |  |  |
| 2nd 7 week fall session: | Foxtrot and ChaCha | |  |  |
| 1st 7 week spring session: | Tango and Rumba | |  |  |
| 2nd 7 week spring session: | Waltz re-visited and Hustle | |  |  |
| 3rd session, 5 weeks: | | Nightclub 2-step and Salsa | | |
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# End of Semester: Finished Work

* Evidence of Learning (circle one): post-test score improvement, fine arts recital, class/parent/public performance
* Students will either participate in the YMCA’s year-end dance recital or teacher will assign a pre and post-test score based on overall improvement.