

*These links should not be construed as an endorsement of any of these organizations or their work.
We are offering these links for additional resources that you can visit.*

**Southwest Michigan
Mental Health Community Resources**

*Medicare & Medicaid aren't accepted at all places, but sliding or reduced fees may be available.
Be sure to ask for payment options.*

Crisis and Emergency

Name:	Info:
National Suicide Prevention Lifeline: 800-273-TALK (8255)	A Crisis Text Line is available Text BRAVE to 741-741
Suicide Prevention Hotline for Deaf or Hard of Hearing 800-779-4889	Suicide Prevention Online Chat www.gryphon.org/services/crisis-services/online-chat
Children's Advocacy Center of Southwest Michigan www.swmichigancac.org 269-556-9640	Facilitate and coordinate the work of organizations responsible for the investigation of child sexual abuse. Seek to reduce the trauma of these investigations and to compassionately meet the needs of sexually abused children. Office located in St. Joseph.
Children's Mobile Intensive Crisis Team Lynn.wilson@riverwoodcenter.org 269-934-0747	A 24/7 crisis intervention team for Berrien County residents, up to age 21 who are in crisis.
Michigan Department of Community Health www.michigan.gov 855-444-3911 [Toll-free 24-hour hotline]	Report abuse or neglect of any child or adult. Office located in Benton Harbor.
Riverwood Center www.riverwoodcenter.org 800-336-0341 [Toll-free 24-hour hotline]	Works with children, families and adults who are recovering from behavioral health and substance abuse challenges. Also assists individuals with intellectual disabilities. Offices located in Benton Harbor and Niles.
The Avenue Family Network / Cora Lamping Center www.TheAvenue.ngo 269-925-1725 269-925-9500 [24-hour hotline]	For survivors of domestic and sexual violence. Offices located in Benton Harbor.
Van Buren Community Mental Health Authority www.vbcmh.com 800-922-1418 [Toll-free 24-hour hotline]	Serves children and adults with mental illness, emotional distress, and developmental disabilities. Office located in Paw Paw.
Woodlands Behavioral Health Network www.woodlandsbhn.org 800-323-0335 [Toll-free 24-hour hotline]	Works with individuals, families, and the community to promote resiliency. Recovery is achieved by effective behavioral health services: counseling, parental support and training, and substance abuse support. Office located in Cassopolis.
United Way's 2-1-1 www.mi211.org www.swmi.info or Dial 2-1-1	Dial 2-1-1 to speak with a community resource advisor that can provide you with information and referrals for everyday needs in times of crisis. Outside of Berrien and Cass Counties you can call 1-844-875-9211. Online chat www.gryphon.org

Mental Health and Substance Abuse Treatment Resources

Name:	Info:
Andrews Community Counseling Center www.andrews.edu/counseling 269-471-6238	Free psychological services under the supervision of licensed psychologists. Mental health services to children, adolescents, and adults who reside in the Michiana area, or are members of the community near the university. Office located in Berrien Springs, Andrew University.
Applied Comprehensive Psychological Services 269-429-4148	Provides counseling to evaluate, prevent, diagnose, and treat mental, emotional, and behavioral health issues. Office located in Stevensville.
A Quiet Place Counseling Service 269-469-1266	Most insurances welcome. Office located in Union Pier.
Bright Hope Counseling Center www.brighthopecounseling.fatcow.com 269-944-7331	Provides individual, couples and families counseling to those who are ages 12 and older. Offers substance use and domestic violence assessment, and driver's license evaluations. Leads a Celebrate Recovery group that addresses Hurts, Hang-ups and Habits. Office located in St. Joseph.
Carol's Hope Engagement Center www.communityhealingcenter.org/service/carols-hope 269-556-1526	A 12-hour crisis intervention facility that provides a supervised, supportive setting for individuals with substance use and co-occurring disorders. As an alternative to emergency room care, the center provides clients a welcoming environment where individuals can develop a Recovery Plan and connect to services. Office located in St. Joseph.
Center[ed] on Wellness www.centeredonwellness.info 269-926-6199	Behavioral counseling, coaching, consultations, education, and prevention for children, families, couples, and adults. Accepts Medicare and Medicaid. Offices located in Benton Harbor, Niles, Stevensville, Coloma, Sawyer, South Haven, and St. Joseph.
The Avenue Family Network, Inc. www.TheAvenue.ngo 269-925-1725 269-925-9500 (24-hour crises hotline)	Offers Adult Day Services, Guardianship, Adult In-Home Services, and Cora Lamping Center (for survivors of domestic and sexual violence). Office located in Benton Harbor.
Circle of Hope, LLC www.circleofhopellc.com 269-757-1483	Offers counseling services for all children, teens, and their families, including Social Skills and Peer Support Groups for youth, ages 4-18. Office located in Stevensville.
Comfort in Counseling Robyn's Nest 269-983-6686	Offers counseling services for families with behavioral health and addiction challenges. Office located in St. Joseph.
Community Healing Centers www.communityhealingcenter.org 269-684-7741	Offers detoxification and residential services for those with substance abuse disorders, as well as child and family counseling and parent training. Offices located in Niles.
Connection Counseling Center www.connection-counseling-center.com 269-921 -6953	Offers a safe and trusting environment for learning how to cope in healthy ways, let go of the past, and become confident and grateful for life in the present. Office located in Stevensville.

<p>Family Therapy and Development Centers www.familytherapydevelopmentcenters.com</p> <p>269-982-3832</p>	<p>Provides short-term treatment with long-term results for children, couples, families, and adults utilizing holistic treatments. Office located in St. Joseph.</p>
<p>Freedom Counseling Center www.freedomcounselingusa.com</p> <p>269-982-7200</p>	<p>Provides high-quality counseling and psychological evaluations to individuals, parents, couples, adolescents, and children. Office located in St. Joseph.</p>
<p>Haelan Counseling Center</p> <p>269-683-8972</p>	<p>Haelan offers counseling for depression, anxiety and relationship, physical and spiritual problems for children, adults, couples and families. Office located in Niles.</p>
<p>Harbor Town Outpatient Services (HTC) www.htcoutpatientservices.com/index.html</p> <p>269-926-0015</p>	<p>A solution for illicit substance use and abuse in Berrien and surrounding counties. Proving patients with the highest quality in services and treatments. Office located in Benton Harbor.</p>
<p>Hellcat Counseling https://hellcatcounseling.com</p> <p>269-240-7788</p>	<p>Realizing no two people are the same, counseling is tailored to meet specific needs and help people understand what is holding them back with an in-depth approach. Office located in St. Joseph.</p>
<p>Hinman Counseling Center www.hinmancounselingservices.com</p> <p>269-471-5968</p>	<p>Offers counseling services to families, couples or individuals with a focus on sexuality issues, domestic violence, relationship issues, and divorce. Office located in Berrien Springs.</p>
<p>Hope Ministries www.hopesb.org</p> <p>574-235-4150</p>	<p>Offers counseling and residential services for those going through addiction recovery. Office located in South Bend.</p>
<p>InterCare Community Health Network www.intercare.org</p> <p>269-427-5400</p>	<p>Offers behavioral health services and the Triple P- Positive Parenting Program. Offices located in Bangor and Benton Harbor.</p>
<p>Life Coach Psychology https://lifecoachpsychology.net</p> <p>269-815-5331</p>	<p>Provides outpatient therapy, long term care consultation, and testing services. Located in Berrien Springs.</p>
<p>Life Treatment Center www.lifetreatmentcenters.org</p> <p>574-233-5433</p>	<p>Offers services for those with substance abuse disorders such as detoxification and outpatient therapy. Office located in South Bend.</p>
<p>Lighthouse Counseling www.lighthousecounseling.org</p> <p>269-408-6031</p>	<p>When it comes to healing it is vital to have someone who will listen and accept without judgment. Clinicians are also trained with the National Acupuncture Detoxification Association (NADA). Office located in St. Joseph.</p>
<p>LOGAN Autism Learning Center www.logancenter.org</p> <p>269-983-5833</p>	<p>LOGAN provides resources and effective autism services to families in northern Indiana and southwest Michigan, so they, and their families, may achieve their desired quality of life. Located in Benton Harbor.</p>

<p>Margo Runkle Therapy and Mediation http://runklefamilylaw.com</p> <p>269-615-2450</p>	<p>A holistic approach to psychotherapy may help understand and resolve a variety of life's issues. The goal is to help discover a renewed sense of energy and faith in your own power to improve your life. Office located in St. Joseph.</p>
<p>Midwest Recovery and Wellness www.midwestrecoveryandwellness.com</p> <p>269-262-1815</p>	<p>Offers evidence-based programs that treat the addiction and the underlying issues that lead down the path of addiction. Mental Health Services is also provided. Office located in Niles.</p>
<p>M. Longley Counseling www.mlongleycounseling.com</p> <p>269-687-5050</p>	<p>Offers general practice that provides treatment of diverse patients and diagnosis for mental health and substance abuse disorders. Office located in Niles.</p>
<p>Nairad Health www.nairadhealth.com</p> <p>269-408-8235</p>	<p>Provides outpatient behavioral health treatment for substance and alcohol abuse related issues. Office located in Berrien Springs.</p>
<p>Neurofeedback & Counseling Center</p> <p>269-983-1600</p>	<p>Office located in St. Joseph.</p>
<p>NorthStar Center www.northstarcenter.org</p> <p>269-982-7844</p>	<p>Psychiatric services for children, adolescents, and adults. Office located in St. Joseph.</p>
<p>Peace of Mind Counseling www.peaceofmindcounselingcenter.com</p> <p>269-428-4789</p>	<p>Provides counseling services for marriage/couples and families and children. Office located in St. Joseph</p>
<p>Pine Rest Christian Mental Health Services www.pinerest.org</p> <p>800-678-5500</p>	<p>Clinicians provide counseling, therapy, consultation, assessment and testing for all ages in convenient, welcoming environments as well as a full continuum of addiction services. Located in Grand Rapids and Kalamazoo.</p>
<p>Psychiatric and Psychological Specialties www.psychspecialties.com</p> <p>269-408-1688</p>	<p>Provides services for emotional issues and clinical concerns, such as anxiety disorders, depression, ADHD, relationship difficulties, eating disorders, sleeping disturbances, and middle and later life issues. Office located in St. Joseph.</p>
<p>Riverwood Center www.riverwoodcenter.org 269-684-4270 800-336-0341 [Toll-free 24-hour hotline]</p>	<p>Riverwood partners with children, families and adults in their journey toward recovering from behavioral health and substance use challenges and helps individuals with intellectual disabilities succeed in community living. Offices located in Benton Harbor and Niles.</p>
<p>Sacred Heart Rehabilitation Center Serenity Hills Recovery & Wellness Center www.sacredheartcenter.com</p> <p>269-815-5500</p>	<p>Offers services to all people with behavioral health issues, including those with limited means, to improve their quality of life. Located in Berrien Center.</p>
<p>Shepard House Counseling www.shepardhousecounseling.com</p> <p>269-985-2000 (St. Joseph) 269-445-0999 (Cassopolis)</p>	<p>Offers counseling services for families.</p> <p>Offices located in St. Joseph and Cassopolis.</p>

<p>Southwestern Medical Clinic Christian Counseling and Southwestern Nutritional Wellness www.swmc.org 269-429-7727</p>	<p>Services for treating abuse and trauma, addictions and co-occurring disorders, anxiety, depression, AHHD, eating disorders, coping with loss and grief, and behavioral services. Offices located in Buchanan, Coloma, Niles, St. Joseph, Stevensville, and South Haven.</p>
<p>THRIVE Psychology www.thrivepsychgroup.com 269-408-8474</p>	<p>Psychology is a private practice offering counseling, art therapy, and coaching. Our mission is to connect people to caring professionals and excellent treatment while promoting wellness of mind. Office located in St. Joseph.</p>
<p>Van Buren Community Mental Health Authority www.vbcmh.com 800-922-1418 [Toll-free 24-hour hotline]</p>	<p>Serves people with mental illness and emotional distress and also children and adults with developmental disabilities. Office located in Paw Paw.</p>
<p>Veteran's Hospital www.battlecreek.va.gov 269-966-5600</p>	<p>The Battle Creek VAMC is classified as a neuropsychiatric facility and is the hub of mental health care for VA Medical Centers. Office located in Battle Creek.</p>
<p>Victory Counseling Center www.victorycounselingllc.com 269-925-8222</p>	<p>Empowers clients to identify their strengths while motivating them to make positive steps towards emotional healing and behavioral change. Office located in Benton Harbor.</p>
<p>Woodlands Behavioral Health Network www.woodlandsbhn.org 800-323-0335 [Toll-free 24-hour hotline]</p>	<p>Works in partnership with individuals, families and the community to achieve recovery by providing effective behavioral health services. Counseling, parental support and training, and services for those with substance abuse disorders. Office located in Cassopolis.</p>

Self-help and Support Groups

Name:	Info:
<p>Al-Anon of Berrien County www.al-anon.org 269-428-3310</p>	<p>Friends and families of problem drinkers find understanding and support at Al-Anon and Alateen meetings. Office located in Stevensville.</p>
<p>Alcoholics Anonymous of SW Michigan www.aasouthwestmichigan.org 800-837-4247</p>	<p>Offers support to help those with alcohol addiction by allowing members to start meetings in their local area and support one another in the journey to recovery. Office located in Stevensville.</p>
<p>Alzheimer/Dementia Caregiver Support Group 269-983-5000</p>	<p>Support group meets the 2nd and 4th week of the month and begins at 6pm. Support group meet at Trinity Lutheran Church, St. Joseph.</p>
<p>Children's Advocacy Center of SW Michigan www.berrienchild.org 269-556-9640</p>	<p>Provides services to eliminate child sexual abuse in SW Michigan. Professional staff facilitate and coordinate the work of organizations responsible for the investigation of child sexual abuse. Office located in St. Joseph.</p>

<p>Celebrate Recovery at First Church of God – Benton Heights https://myfirstchurch.com 269-983-1524</p>	<p>A Christ-centered program to help people overcome their hurts, habits, and hang-ups. Celebrate Recovery is 12-Step, forward-thinking recovery program to bring recovery and restore wholeness, growth and spiritual maturity. Benton Heights</p>
<p>Celebrate Recovery at First Reformed Church 269-423-8136</p>	<p>A Christ-centered program to help people overcome their hurts, habits, and hang-ups. Celebrate Recovery is 12-Step, forward-thinking recovery program to bring recovery and restore wholeness, growth and spiritual maturity. Meeting on Wednesdays, 6:30 pm. Decatur</p>
<p>Celebrate Recovery at Federated Covenant Church www.fedcovchurch.org/celebrate-recovery 269-635-0335</p>	<p>A Christ-centered program to help people overcome their hurts, habits, and hang-ups. Celebrate Recovery is 12-Step, forward-thinking recovery program to bring recovery and restore wholeness, growth and spiritual maturity. Meeting on Saturdays, 6:30 pm. Dowagiac</p>
<p>Celebrate Recovery at Lifebridge Church http://lifebridgechurch.org/celebrate-recovery 231-468-4989</p>	<p>A Christ-centered program to help people overcome their hurts, habits, and hang-ups. Celebrate Recovery is 12-Step, forward-thinking recovery program to bring recovery and restore wholeness, growth and spiritual maturity. Meeting on Fridays, 7:00 pm. South Haven</p>
<p>COPE Network www.copenetwork.org 269-580-8290</p>	<p>Cope is a network of people in recovery, people seeking recovery, professionals, community leaders, etc., coming together to support the recovery community. Services in Southwest Michigan.</p>
<p>Depression and Bipolar Support Alliance www.dbsalliance.org 800-826-3632</p>	<p>Provides counseling services, support groups, and education to improve the lives of people who have mood disorders. Office located in Niles.</p>
<p>Disability Network of Southwest Michigan www.dnswm.org 269-985-0111</p>	<p>Educates and connects people with disabilities to resources while advocating social change. They offer support groups for developmental disabilities, brain injury disabilities, and spinal cord disabilities. Office located in St. Joseph.</p>
<p>Families Against Narcotics (FAN) www.familiesagainstnarcotics.org 269-580-8290</p>	<p>Remove the stigma associated with addiction through education and inform the community of the problem of drug abuse. Monthly meetings located in St. Joseph.</p>
<p>Hinman Counseling Center www.hinmancounselingservices.com 269-471-5968</p>	<p>Offers support group for men with pornographic addictions, and a support group for spouses. Office located in Berrien Springs.</p>
<p>Lory's Place www.lakelandhealth.org/lorys-place 269-983-2707</p>	<p>Grief and support services such as therapy for both children and adults as well as support groups. Located in St. Joseph.</p>
<p>Michigan Gambling Disorder Help-line 800-270-7117 [Toll-free 24-hour hotline]</p>	<p>Gambling support services.</p>

Michigan Rehabilitation Services www.michigan.gov 269-926-7121	Substance abuse group counseling and training to assist teens and adults with disabilities in becoming employed or retaining employment. Office located in Benton Harbor.
MI Journey www.Mi-journey.org 269-944-9448	A peer-run organization for those who have mental illness to gain support and assistance from those who understand what they're going through. Office located in Benton Harbor.
Narcotics Anonymous www.michigan-na.org/southwest-michigan-area 800-230-4085	Narcotics anonymous helps people with the problems of addiction by allowing members to start meetings in their local area and support one another in the journey to recovery.
National Alliance on Mental Illness (NAMI) www.namismwi.org 877-933-3868	Offers mental health information as well as support groups for family members and persons with mental illness.
PFLAG www.pflag.org 269-429-6160	Support group for parents, family members, and friends of lesbians and gays. Office located in St. Joseph.
Therapeutic Center (TEC) www.tecfarm.org 269-429-0671	The Therapeutic Equestrian Center (TEC) engages the power of horses to challenge people with special needs to build stronger minds, bodies, and spirits. Barn located in Watervliet.
The OutCenter www.outcenter.org 269-925-8330	The OutCenter provides support and advocacy for respect, understanding and nondiscrimination for lesbian, gay, bisexual, transgender, and allied persons and their families. Office located in Benton Harbor.
Toll Free Grief Help Line 866-797-2277	Loss and grief support.
Voice.Change.Hope. Alliance www.voicechangehope.org 269-927-5668	Through Voice.Change.Hope. Alliance, we envision individuals will receive support to achieve a healthy recovery and no longer suffer the stigma of addiction.
Well of Grace Ministries www.wellofgraceministries.com 269-428-9355	Offering support groups for teen girls and women. Including the Southwestern Nutritional Wellness (Women and Eating Disorders) Office located in Stevensville.

Educational Resources

Addiction Center www.addictioncenter.com 844-204-8570	Offering information, resources, and articles on substance abuse disorders and their treatments.
American Foundation for Suicide Prevention www.afsp.org 888-333-AFSP	AFSP raises awareness, funds scientific research and provides resources and aid to those affected by suicide.

<p>Area on Agency on Aging www.areaagencyonaging.org</p> <p>269-983-0177 800-654-2810</p>	<p>Offers senior volunteer programs, foster grandparent program, family friend program, senior companion program, computer training, caregiver connection, respite care, life decision questions, and adult employment and training for seniors (55+). Office located in St. Joseph.</p>
<p>Berrien County Health Department www.bchdmi.org</p> <p>269-926-7127</p>	<p>Offers Positive Parenting Program. Offers information on Substance Abuse Prevention programs for all demographics.</p> <p>Offices located in Benton Harbor and Niles.</p>
<p>Berrien County Suicide Prevention Coalition www.berriencares.org</p> <p>269-588-1133</p>	<p>To connect the people of Berrien County to the information and resources they need for emotional wellness, thereby preventing suicide.</p>
<p>The Avenue Family Network, Inc. www.theavenue.ngo</p> <p>269-925-1725</p>	<p>Offers day, guardianship, and homecare services for adults with special needs and a safe shelter for adult and child victims of abuse.</p> <p>Office located in Benton Harbor.</p>
<p>Come and See Farm www.comeandseefarm.com</p> <p>269-281-0746</p>	<p>Come and See Farm is a non-profit, sustainable farm and garden where families of all abilities may come and learn home-based agricultural activities.</p> <p>Located in Berrien Springs.</p>
<p>Mental Health First Aid www.mentalhealthfirstaid.org</p>	<p>Mental Health First Aid teaches you how to identify, understand and respond to signs of mental illnesses and substance abuse disorders in your community.</p>
<p>MentalHealth.gov www.mentalhealth.gov</p>	<p>Offers resources and information on mental health in Spanish and English.</p>
<p>Michigan Department of Behavioral Health www.michigan.gov</p>	<p>Information about mental health resources in the state of Michigan.</p>
<p>Michigan State University Extension, Berrien https://www.canr.msu.edu/berrien</p> <p>269-927-5674</p>	<p>Educational services provided, including 4-H, which is growing future leaders. Programs geared towards building confident, strong, curious youth who learn how to work with others, as well as learn how to be leaders. Office located in Benton Harbor.</p>
<p>Mighty Parenting https://mightyparenting.com sandy@sandyfowler.com</p>	<p>Real, raw, relevant talk about raising teens & parenting young adults. Sandy Fowler tackle the tough topics around raising teens and parenting young adults. In addition, Sandy is a stress-relief coach and a Yoga Nidra Meditation sessions.</p>
<p>Mood Network www.moodnetwork.org</p>	<p>A website that helps you manage your mood disorder while using the information you share to gather data and research.</p>
<p>Southwest Michigan Behavioral Health www.swbhmh.org</p> <p>800-890-3712 myStrength www.mystrength.com to sign up!</p>	<p>SWMBH is one of Michigan’s ten Medicaid Prepaid Inpatient Health Plans. If you have questions about insurance or you don’t have insurance call or visit the website.</p> <p>myStrength’s proven web and mobile resources can help strengthen your mind, body and spirit.</p>
<p>Southwest Michigan Eating Disorders Association (SMEDA) www.southwestmichiganeatingdisorders.org</p>	<p>The mission of (SMEDA) is to use education to prevent eating disorders among people in SW MI and to improve the outcomes for those with eating disorders.</p>

Substance Abuse and Mental Health Services Administration www.samhsa.gov	Offers resources, articles, and information on substance abuse disorders and their treatments.
Hey U.G.L.Y. – Unique Gifted Lovable You www.heyugly.org	Empower youth to be part of the solution of bullying, substance abuse and suicide through self-esteem and empathy-building web content peer-to-peer learning programs, curriculum and school assemblies.

National Hotlines and Websites

Name:	Info:
American Association of Poison Control Center 800-222-1222	Available 24 hours everyday
National AIDS Hotline 800-432-AIDS	Information and support services for families and individuals with AIDS.
National Child Abuse Hotline 800-422-4453	Offers crisis intervention, information, and referral to emergency, social services, and support resources.
National Council for Behavioral Health (NCBH) www.thenationalcouncil.org 202-684-7457	NCBH is the unifying voice of organizations that deliver mental health and addictions treatment and services.
National Domestic Violence Hotline 800-799-7233	Offering confidential crises intervention, options for next steps and direct connection to sources for immediate safety.
National Human Trafficking Hotline https://humantraffickinghotline.org 888-373-7888	Find social and legal services for victims and survivors of human trafficking.
National Institute on Drug Abuse www.drugabuse.gov	NIDA’s mission is to advance science on the causes and consequences of drug use and addiction and to apply that knowledge to improve individual and public health.
National Sexual Assault Hotline 800-656-4673	Confidential 24-7 Hotline
Michigan Sexual Assault Hotline 1-855-VOICES4 / 1-855-864-2374	Confidential 24-7 Hotline
Postpartum Support International www.postpartum.net 800-944-4773	The purpose of the organization is to increase awareness about the emotional changes that women experience during postpartum.
Sex Addicts Anonymous (SAA) https://saa-recovery.org 800-477-8191	SAA is a group that follows the 12-step tradition, open to people of any gender and sexual identity or orientation. Free and confidential. Offered in English and Spanish 24 hours a day, 365 days a year.

Other Helpful Resources

Legal Services

Michigan Legal Help Self-Help Legal Resource Center https://michiganlegalhelp.org	Self-Help Legal Resource Center is designed to make information and forms more readily available to those who wish to represent themselves in court proceedings in Berrien County.
YWCA Kalamazoo info@ywcakalamazoo.org 269-345-5595	YWCA in Kalamazoo is dedicated to eliminating racism, empowering women and promoting peace, justice, freedom and dignity for all.

Health Services

FamilyWize / Prescription Drug program https://familywize.org/	The FamilyWize Community Service Partnership is working with United Way to help Berrien and Cass Counties people get medicine they otherwise wouldn't have been able to afford.
HERBIE Clinic www.herbieclinic.com	HERBIE Clinic provides free healthcare services who currently do not have any form of healthcare coverage (possess a valid picture ID). Second Saturday of each month, 8 am - 12 pm. Located on the second floor of the Wesley United Methodist Church, 302 Cedar Street, Niles.
Southern Michigan Pain Consultants https://southernmichiganpain.com 877-377-6227	Provides a comprehensive interdisciplinary approach to pain care to renewed hope for relief from chronic pain. Chronic pain requires chronic treatment. The goal of treatment is to optimize management of the pain. Located in St. Joseph.
InterCare Community Health Network https://www.intercare.org/ 855-869-6900	Provides quality medical, dental and behavioral health care that is affordable and accessible throughout SW Michigan.

Housing Services / Temporary Shelter

<p>The Connection / Emergency Shelter jwiesemes@emergencyshelterservices.org</p> <p>269-277-5055 Intake 269-925-0059 Fax</p>	<p>Serves as the Housing Assessment and Resources Agency for Berrien County, which is a program authorized to provide financial assistance for the express purpose of obtaining temporary shelter or permanent housing for individuals and or families who are homeless or imminently homeless. Located in Benton Harbor. Intake at Niles Public Library on Thursday's 10am-4pm.</p>
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Financial Plans

<p>Medicare or Disability Benefits Social Security Administration https://www.ssa.gov/forms/apply-for-benefits.html</p> <p>800-772-1213</p>	<p>Complete an application for Retirement, Medicare or Disability Benefits online.</p> <p>Berrien County 269-926-1865</p>
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Comments may be submitted to mgallert@lakelandhealth.org
Spectrum Health Lakeland. Revised October 10, 2019