Mini and JR NBA

Fall Session 1 & 2, 2018

# Instructor Information

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| Instructor | Email | Class Location & Hours |
| **Steve Meridy** |  | Benton Harbor St. Joseph YMCA Gymnasium, Days and Times TBD |

# General Information

## Description

Learn the importance of teamwork and fundamentals through the joy a Basketball. The YMCA is focused on building life skills through a sport. Participants will also be taught the YMCA character values of honesty, caring, respect and responsibility. Learn fundamental skills like dribbling, passing and shooting with proper form from our basketball coach here at the YMCA.

## Expectations and Goals: Pass/Fail

# Course Materials

## Required Materials (most should be provided by teacher covered in course fee, indicate if provided by student, i.e. sewing kit)

* Clothing that allows the student to move freely with no restrictions.

## Optional Materials (provided by student/family)

# Course Schedule

Will run Fall 1 and 2

# End of Semester: Finished Work

* Evidence of Learning : post-test score improvement