

Berrien Springs Partnership Syllabus and Instructor Qualifications

CLASS TITLE: Infinite Gymnastics at Andrews University

GRADE OR AGE LEVELS: Ages 5-18

START DATE: September 7, 2020

END DATE: December 2, 2020

WEEKS TOTAL: 13 Weeks **DAYS OFF:** 10/12, 10/13, 11/11, 11/13

Class Times REQUIRED:

- Classes are offered Monday-Wednesday from 3:45-4:45, and 4:45-5:45.
- Students Must Take 2 Classes Per Week
- Students Can Take 3 Classes Per Week

HOURS (REQUIRED): 2 Hours

HOURS (POSSIBLE): 3 Hours

TOTAL SEMESTER HOURS POSSIBLE: 36 Hours

LOCATION/ADDRESS: DIRECTIONS TO LOCATION:

8520 East Campus Cir Dr
Berrien Springs, MI 49104

This link will take you to a campus map of Andrews University. Our location is in the top center of the map labeled bgym. Once you arrive, enter the building next to the Gymnics Trailer and go to the third floor.

https://www.andrews.edu/about/visiting/campus_map.html

MAIN INSTRUCTOR: Eric Paddock

ADDITIONAL PRIMARY INSTRUCTORS: Instructors vary by year and semester.

CONTACT INFORMATION: phone: 269-471-3968 email: gymnics@andrews.edu

website: <https://www.andrews.edu/chhs/gymnics/infinite/index.html>

ADDITIONAL REGISTRATION AT SITE REQUIRED? YES

INSTRUCTIONS FOR REGISTRATION: Visit our website and click registration link for Infinite Gymnastics.

MAIN INSTRUCTOR QUALIFICATIONS: Taught Gymnastics since 2005, Coaches AU Gymnastics, Bachelors in Sports Studies: Human Performance.

COURSE DESCRIPTION: Infinite Gymnastics teaches basic to advanced skills in tumbling, trampoline and acrobatics. Students are placed in groups of 4-6 students based on level and a coach teaches the next skill in a series of skills and disciplines.

SYLLABUS/OUTLINE: Weekly Classes vary by skill level, coaches available, and progress throughout the semester. A common class outline would include a 10 minute warm up, 5 mins of large group skill acquisition, three skill rotations, and 5 minutes of conditioning.

COURSE OBJECTIVES AND APPROXIMATE TARGET DATES:

Students should expect to achieve the next level by the end of a complete school year.

STUDENT ASSESSMENT - what will be used to evaluate student progress and/or end of semester pass/fail status?

All classes abide by the following:

- 1) Student agrees to attend at least 80% of class sessions/lessons offered. Attendance is kept online and tracked by Partnership staff. Failure to meet 80% or be on track to meet 80% may result in program discontinuation.
- 2) The Partnership Student Assessment or Performance Form is filled out by the teacher and turned in to Partnership staff. The link to this form is found on the web page for this class. Failing marks for lack of participation, behavior issues, practice time, etc. may result in program discontinuation.

Class-specific assessment: Students are evaluated when they begin the course, and

then at the end of each semester. Evaluations are in 8 categories.

CLASS POLICIES: ATTENDANCE, BEHAVIOR, WEATHER, ETC.

- 3) Attendance: Be to class dressed in athletic wear that the student is comfortable going upside down in.
- 4) Behavior: Listen to the teachers, and abide by all safety guidelines outlined for the class.
- 5) Weather: Infinite Gymnastics will be canceled only when Andrews Academy is canceled due to weather.
- 6) Other: Shoes and Socks should not be worn on the mats.