High School

Fall 2017 (September 11 – December 21) Classes do not meet the week of Thanksgiving)

# Instructor Information

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| Instructor | Email | Class Location & Hours |
| **Tennis Professional**  **(Parents will register and choose which class(s) they would like to attend by calling South Shore at 269-429-2101. Parents can also call that same number with any questions they may have or e-mail Tennis Director Mark Ficks at mark@southshorehrc.com)** | mark@southshorehrc.com | Tuesday 3:30 – 5  Thursday 3:30 – 5  Saturday 12:30 - 2 |

# General Information

Our High School class not only teaches technique, strategy, and sportsmanship, but also begins to challenge the kids from a physical fitness stand-point. Each class is guaranteed to give the kids a great work-out. We also will do our best to prepare each player for their respective high school tennis seasons, if they choose to play on a team.

## Expectations and Goals: (circle one): Pass/Fail

# Course Materials

## Required Materials (most should be provided by teacher covered in course fee, indicate if provided by student, i.e. sewing kit)

* Tennis Racquet (If not sure what kind of tennis racquet to get, South Shore will loan you one at no charge when you arrive. South Shore will also have some for purchase at the club. Prices typically range from $25 - $50)
* Non-marking tennis shoes (PLEASE no running shoes. Running shoes put black or white marks on the courts.)

# Course Schedule

| Week | Topic | |  |  |
| --- | --- | --- | --- | --- |
|  | *Starting with simple eye/hand coordination skills, each week students will engage in progressively more difficult skills such as serving, volleying and forehand/backhand strokes.  Students will also learn tennis etiquette, scoring and teamwork through the use of games and drills designed to improve skills.* | |  |  |
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# End of Semester: Finished Work

* Evidence of Learning (circle one): score improvement (this is measured by the students improving their ability to make contact with the ball, knowing the names of the lines on the court, and the names of tennis shots, as well as rallying (hitting back and forth) and scoring knowledge. Student should be able to understand how to correctly compete in a full tennis match.