

Berrien Springs Partnership Syllabus and Instructor Qualifications

CLASS TITLE: GZA - TARGET ARCHERY 201

GRADE OR AGE LEVELS: 10yrs+

START DATE: week of 9/14/2020

END DATE: week of 11/16/2020

Archery 201 Schedule:

Monday: 12:30-2:30pm

Tuesday: 12:30-2:30pm

WEEKS TOTAL: 10

WEEKS OFF: 0

DAY/TIME REQUIRED: See class schedule ADD'L DAYS/WK AVAILABLE:

HOURS (REQUIRED): 16

HOURS (POSSIBLE): 20

TOTAL SEMESTER HOURS POSSIBLE: 20

LOCATION/ADDRESS: 2216 S. 11th St. Niles, MI 49120

DIRECTIONS TO LOCATION (if needed):

MAIN INSTRUCTOR: Coach Dawson

ADDITIONAL PRIMARY INSTRUCTORS (background checked) Angela Darda

CONTACT INFORMATION:

phone: 269-240-4764

email: groundzeroarchery@gmail.com

website: groundzeroarchery.com

facebook: [groundzeroarchery](https://www.facebook.com/groundzeroarchery)

ADDITIONAL REGISTRATION AT SITE REQUIRED? NO

IF YES, INSTRUCTIONS FOR REGISTRATION:

MAIN INSTRUCTOR QUALIFICATIONS: I have a passion for archery! Even more, I love seeing kids learn, explore and excel in their passions. My first encounter with archery, like so many, was at summer camp when I was 8 years old. I can still feel the thrill and accomplishment I felt sighting down the arrow, releasing the string, and hitting the target. Through the years my love for archery has grown, along with my passion for teaching children. I have continued my training and currently hold the following certifications: USA Archery Level 4NTS Coach, NFAA Level 3, USA Archery Level 2 NTS Trainer and Safe Sport certified.

COURSE DESCRIPTION (complete overview shown on website):

Information about the Course:

Ages: 10+ yrs old

Class Min # of Students: 4
Class Max # of Students: 12
Class Pre-requisites: Archery 101
Materials Needed for Class: None

Additional Class Cost: One-time **\$5.00** bow handling component fee per student if you wish your student to handle a bow and arrow during class time.

(All archery courses offered by the partnership do not include actual bow handling or purchasing of archery equipment for the students.

A one-time, per semester (\$5.00) bow handling component may be purchased separately by contacting Ground Zero Archery directly).

Description: This course is a student’s ADVANCED BASE for target archery instruction.

Archers and will learn about advanced information about past and present day archery equipment, range safety, an archer’s stance, shooting techniques, along with the general care of archery equipment.

Each student will be instructed in:

- Advanced stretches and exercises for archery performance.
- Advanced terminology used in archery.
- Advanced archer’s stance, grip, draw and release training.
- Students will practice scoring arrows.
- The history of archery and different styles and disciplines of archery.
- Practice rules of competition and archery etiquette.
- Students will string and unstringing a bow.

Recurve target bows and other archery equipment will be used for instruction

SYLLABUS/OUTLINE: weekly breakdown of Project-Based Learning activities

Weekly breakdown:

<p>Week 1: Introduction</p> <p>Explain class rules, goals and schedule. Project: Pre-Test & 1st day group photo.</p>	<p>Week 7: Archer’s Stand and Grip</p> <p>Advanced techniques and the importance of an archer’s stance & grip. Learn: How and why, also how it has changed. Project: Properly demonstrate an archer’s stance and grip.</p>
<p>Week 2: Warm-Up</p> <p>Advanced stretches and exercises for archery performance, also how it has changed through the years. Learn: How and why warm-up is important.</p>	<p>Week 8: Archer’s Stance, Grip and Draw</p> <p>Advanced technique and the importance of an archer’s stance, grip, draw Learn: How and why, also how it has changed. Project: Properly demonstrate an archer’s stance, grip & draw.</p>

<p>Project: Use a string bow, resistant band and mirror for warm up.</p>	
<p>Week 3: Safety</p> <p>Advanced archery safety procedures, range rules and how they have changed through time.</p> <p>Learn: How to ensure yourself and others are safe on the range.</p> <p>Project: Practice being a coach.</p>	<p>Week 9: Archer's Stance, Grip, Draw and Release.</p> <p>Advanced technique and the importance of an archer's stance, grip, draw and release.</p> <p>Learn: How and why, also how it has changed.</p> <p>Project: Properly demonstrate an archer's stance, grip, draw & release.</p>
<p>Week 4: Equipment</p> <p>Advanced equipment used in archery today and in years past.</p> <p>Learn: How archery equipment is made, cost, purpose, etc.</p> <p>Project: Label parts of archery equipment worksheet.</p>	<p>Week 10: Review</p> <p>Review this semesters topics.</p> <p>Learn: Answer questions and cover challenge topics again.</p> <p>Project: Post – Test & Semester End Photo</p>
<p>Week 5: Terminology</p> <p>Advanced terminology used in archery, past and present days.</p> <p>Learn: The meaning of terms used in archery, past and present.</p> <p>Project: Complete archery term worksheet.</p>	
<p>Week 6: Archer's Stance</p> <p>Advanced technique of an archer's stance, grip, draw and release.</p> <p>Learn: Why an Archer's stance is important, also how it has changed over time and different styles of archery.</p> <p>Project: Properly demonstrate an archer's stance.</p>	

COURSE OBJECTIVES AND APPROXIMATE TARGET DATES: Listed with Syllabus?Outline

STUDENT ASSESSMENT - what will be used to evaluate student progress and/or end of semester pass/fail status?

All classes abide by the following:

- 1) Student agrees to attend at least 80% of class sessions/lessons offered. Attendance is kept online and tracked by Partnership staff. Failure to meet 80% or be on track to meet 80% may result in program discontinuation.
- 2) The Partnership Student Assessment or Performance Form is filled out by the

teacher and turned in to Partnership staff. The link to this form is found on the web page for this class. Failing marks for lack of participation, behavior issues, practice time, etc. may result in program discontinuation.

Class-specific assessment: discuss and include the form or a link to the form that you use.

A pre and post- test will be given in class or emailed.

Name: _____

Date: _____

Pre Test

1. Can you name 3 parts of a bow? Y/N
2. Can you name 3 types of bows? Y/N
3. Should you “dry fire” a bow? Y/N
4. Do you know what 2 whistle blast mean? Y/N
5. Do you know what 1 whistle blast mean? Y/N
6. Do you know what 3 whistle blast mean? Y/N
7. Do you know what 5 or more whistle blast mean? Y/N
8. Do you know how many range masters are on an archery range? Y/N
9. Do you know what the odd colored fletching on an arrow is called? Y/N
10. Do you know which way an arrow should face till shot? Y/N

Date: _____

Post Test

1. Can you name 5 parts of a bow? Y/N
2. Can you name 3 types of bows and what they are used for? Y/N
3. Should you shoot a bow that has been damaged from a dry fire? Y/N
4. Do you know what 2 whistle blast mean? Y/N
Do you know where to look after arriving to the target line? Y/N
5. Do you know what 1 whistle blast mean? Y/N
Do you know where to go after you are done shooting all your arrows? Y/N
6. Do you know what 3 whistle blast mean? Y/N
If more than one Archer is on a target. Do you know how many archers pull arrows at a time? Y/N
7. Do you know what 5 or more whistle blast mean? Y/N

Emergency, stop firing!!! Once you hear the emergency blast and have stopped firing. Do you know where should you go? Y/N

8. Do you know how many range masters are on an archery range? Y/N
Do you know why there is only 1 range master at a time? Y/N
9. Do you know what the odd colored fletching on an arrow is called? Y/N
Do you why the guide fletching is important? Y/N
10. Do you know which way an arrow should face till shot? Y/N
Do you know why this is important? Y/N

ADDITIONAL RESOURCES: (online, books, video, etc.):

Weekly online resources, youTube videos will be sent as needed.

CLASS POLICIES: ATTENDANCE, BEHAVIOR, WEATHER, ETC.

Attendance: Students will need to attend at least 80% of classes offered.

Behavior: Respectful towards coaches and other students. First offense we will talk to parents. Second offense will result in dismissal from program for the semester.

Weather: Check email, facebook and tune into wsbt TV for closures.

Other: It's going to be a GREAT semester!!