**Semester(s) offered:   Spring 2019**

**Berrien Springs Parent Partnership**

**Independent Study/Project Based Learning Course Description and Syllabus**

**Course Title: Swim Club**

**Ages/Grade Levels: Age 17 and younger, Must be able to swim a full lap on front and on back with NO assistance Or about a Level 4+ Swimming Ability**

**Class size: Min: 3 Max: 30**

**Location Name: Andrews University Beaty Pool/Gym**

**Location Address: 8522 East Campus Circle Dr. Berrien Springs MI 49104**

**Provide directions to location if necessary: Main Entry doors are in the back left corner of the parking lot.**

**Start Date: Jan 14
End Date: Apr 15**

**No Class Jan. 21, Feb. 18, Mar. 18 (various holidays and spring break)**

**Day of the Week: Circle: Monday**

**Begin and end time of class: 5:00-6:30pm**

**Contact/Instructors: Jessica Larson Aquatics Director**

**Email:** **wilsonj@andrews.edu**

**Best phone #:269.471.3257 Publish # on website? Yes**

**Does the student also need to register with you or at your location? Yes,** [**www.andrews.edu/pool**](http://www.andrews.edu/pool)

**Classes will be Pass/Fail A Pass will be achieved when students succeed at meeting an ability based Endurance/Speed Goal.**

(These awards will be handed to swimmers on the last day of the semester)

* Bronze award: be able to swim 6 laps in 10 minutes.
* Silver award: be able to swim 8 laps in 10 minutes.
* Gold award: be able to swim 10 laps in 10 minutes.

**Briefly describe the course, including topics to be covered and subject areas that the course will cover –this is what will be posted on our website:**

* Increase endurance: be able to swim longer, continuously, at a consistent pace.
* Speed: be able to swim at a quick pace for a short, or moderate distance.
* Attitude: be able to encourage other swim club members and be always ready to do your best.

**Weekly breakdown of instruction:**

**Not available at this time.**

**All classes must have a min. of 4 Course Objective Checkpoints unique to your class.** You will note on the attendance sheet when students have met these objectives. Write in #’s 2 and 3 here and on the attendance sheet:
 **1st: pre-test Day 1**

 **2nd: Learn & Perform Basic First Aid for a muscle, bone, or joint injury**

**3rd: Must perform Hands-Only CPR on a manikin**

**4th: post-test Day 11**

**Final project/performance:** The student is to select, as appropriate a final project that will demonstrate what they have learned over the course of the semester and aligns with their learning goal. The student should have input into what they present as their final project. This can be in the form of a presentation, art fair, performance, recital, art gallery, written report, final exam, musical composition, product such as woodworking, jewelry, food harvest or presentation, video, graphic or other visual artwork. Completion of the final project should figure in as part of the pass or fail grade that you determine based on your rubric.

**Write in the name of the project and completion date on the attendance sheet.**

**List any materials that students are required to bring to class:**

**Students must bring a swimsuit: Females should wear a modest one-piece swimsuit, Males should wear trunks or knee length Jammers**

**List any required or optional online resources you will use in class or students can use to supplement:**

**No additional resources we plan to use.**

**How we plan to Assess:** How we plan to assess the student’s knowledge of the topic in a subjective manner is each student will perform the times swim on Front for their level on the first day and last day of class. Scores as a pass/fail will be recorded on the attendance form provided.

**Cost per student for entire semester, including materials and supplies: Levels= $90**

**Invoices are due 10/31 for Fall and 2/28 for Spring.**

Thank you for providing your expertise to the students in our community!