

Berrien Springs Partnership Syllabus and Instructor Qualifications

CLASS TITLE:

GRADE OR AGE LEVELS: K-12

WHEN: Monday and Thursdays ages 5-9(4:30) ages 10-16(5:30) ages 16+(6:30)

HOW OFTEN (Twice a week):

TOTAL SEMESTER HOURS POSSIBLE:

WHERE: 102 N Mechanic St Berrien Springs MI 49103

INSTRUCTOR: James Hyde

CONTACT INFORMATION: phone: 269-210-1214 email: hydejames376@gmail.com

website: liferx.fit

ADDITIONAL REGISTRATION AT SITE REQUIRED? YES_ NO

IF YES, INSTRUCTIONS FOR REGISTRATION:

Register on site and complete COVID guideline package and sign waiver

INSTRUCTOR QUALIFICATIONS: 3rd Degree Black Belt Certified under the US Chan Do
Kwan/ Victory Association

COURSE DESCRIPTION (OVERVIEW):

Welcome to Hyde's Lifestyle Taekwondo I am a 3rd degree black belt I am looking to teach the way of Taekwondo to those who are willing to learn martial arts/self defense/self discipline under my leadership. We strive for student excellence and bring out the absolute best in our students. Our students live there oath daily as a martial artist and are proud to do so. I am happy to be apart of this community so please come and be apart of this great

academy and allow myself to teach what I know

SYLLABUS/OUTLINE: WEEKLY BREAKDOWN OF PROJECT-BASED LEARNING ACTIVITY

Students will learn basic techniques to start off. I will introduce the traditional roots of taekwondo and how it was started and what it means. Students will learn proper Poomse/forms and how to execute board break techniques. We will also be demonstrating some of the techniques to the community and events that are placed in the community of Berrien Springs.

COURSE OBJECTIVES AND APPROXIMATE TARGET DATES:

Month#1 Basic Techniques / Forms

Month#2 Drills Sparring

Month# sparring, drills , forms, board breaks and demonstrations

STUDENT ASSESSMENT - what will be used to evaluate student progress and/or end of semester pass/fail status?

- 1) Student agrees to attend at least 80% of class sessions/lessons offered. Attendance is kept online and tracked by Partnership staff. Failure to meet 80% or be on track to meet 80% may result in program discontinuation.

- 2) The Partnership Student Assessment or Performance Form is filled out by the teacher and turned in to Partnership staff. The link to this form is found on the web page for this class. Failing marks for lack of participation, behavior issues, practice time, etc. may result in program discontinuation.

Class-specific assessment: discuss and include the form or a link to the form that you use.

ADDITIONAL RESOURCES: (online, books, video, etc.):

CLASS POLICIES: ATTENDANCE, BEHAVIOR, WEATHER, ETC.

Attendance:

Weather:

Other: