Youth Sports Syllabus

Fall 2017 – Summer 2018

# Instructor Information

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| Instructor | Email | Class Location & Hours |
| **Coach of respective team** |  | Varies depending on league |

# General Information

## Description

Playing in an organized sport league helps kids learn how to work with others and develop skills such as teamwork, camaraderie, cooperation, leadership and respect. The YMCA’s Youth Sports Leagues are focused on building life skills and fundamental skills of a sport. Participants will also be taught the YMCA character values of honesty, caring, respect and responsibility. Your child will have their choice of our four organized Youth Sports leagues: Volleyball, Basketball, Optimist Soccer and T-ball/Pony Softball.

## Expectations and Goals: (circle one): Pass/Fail or Grade Given

Students will be evaluated based upon their attitude and effort. If they are positive, put forth great effort and participate regularly, students will pass.

# Course Materials

## Required Materials (most should be provided by teacher covered in course fee, indicate if provided by student, i.e. sewing kit)

* For Volleyball – Athletic wear (i.e. gym shorts, rubber-soled shoes. Jersey provided by Y)
* For Basketball – Athletic wear (i.e. gym shorts, rubber-soled shoes. Jersey provided by Y)
* For Optimist Soccer – Gym Shorts, Soccer Cleats (rubber or plastic, round. No metal), Shin Guards, Jersey provided by Y
* For T-ball/Pony Softball – Athletic wear (i.e. gym shorts, rubber-soled shoes. Jersey provided by Y), Baseball glove or mitt

## Optional Materials (provided by student/family)

For Volleyball – Knee Pads

For T-ball/Pony Softball – Rubber-soled Cleats

# Course Schedule

Volleyball – Registration: August 14th – September 25th

Games every Saturday from October 7th through November 18th

Basketball – Registration: November 20th – January 1st

Games every Saturday from February 3rd through March 17th

Optimist Soccer – Registration: January 2nd – March 8th

Games on Tuesdays, Thursdays and Saturdays from April 13th through May 25th

T-ball/Pony Softball – Registration: March 28th – May 1st

Games every Monday from June 4th through July 23rd (excluding the week of July 4th)

# End of Semester: Finished Work

* Evidence of Learning (circle one): post-test score improvement, fine arts recital, work of art/art show, class/parent/public performance, achievement of a higher level or rank, product creation, scrapbook, written examination or report.