Taekwondo Syllabus

Fall Sessions 1 & 2, 2018

# Instructor Information

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| Instructor | Email | Class Location  |
| **Rosemary Gilliam** | rosemarygilliam@gmail.com | Niles Buchanan Aerobics Room |

# General Information

## Description

We are happy to offer child-focused Taekwondo classes. This energetic class will focus on discipline, self-confidence, self-control, respect, with an emphasis on being a GREAT student in school. Students will learn self-defense techniques to keep them safe in any situation.

## Expectations and Goals: Pass/Fail

# Course Materials

## Required Materials (most should be provided by teacher covered in course fee, indicate if provided by student, i.e. sewing kit)

* Beginning students should wear loose fitting clothing
* Advanced students are required to wear the proper uniform (purchased through instructor)

## Optional Materials (provided by student/family)

# Course Schedule

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| --- | --- | --- | --- |
| This is an ongoing class. Each week, students learn the basic techniques necessary for advancement. Students learn at their own pace. Advancement is not on a preset schedule. |  |  |  |

# End of Semester: Finished Work

* Evidence of Learning (circle one): post-test score improvement, fine arts recital, work of art/art show, class/parent/public performance, achievement of a higher level or rank, product creation, scrapbook, written examination or report.