**GROUND ZERO SEWING - PRAIRIE DAYS**

**The Base for All Your Adventures!**

**Information about the Instructor**

**Instructor Name:** Ground Zero Instructor -Brandy Shelby

**Instructor Email:** [myadventurebaseis@groundzerotrainingcenter.com](mailto:myadventurebaseis@groundzerotrainingcenter.com)

**Website:** [www.groundzerotrainingcenter.com](http://www.groundzerotrainingcenter.com)

**Instructor Phone # to be published:** (269) 240-4764 Coach Dawson

**Instructor Bio:** I am a homeschooling mom of 5. I have a passion for children, and am grateful for the opportunity that we are given to teach. My volunteer history includes 4th-5th grade History and sewing classes for all ages at Syracuse Elementary School. I am the founder of Wawasee Area Homeschoolers and Handy Homeschoolers. I was a childcare provider with Country Kids Daycare and Preschool. I am a soccer coach and teach our children to give back through various volunteer opportunities that come up in our community. Now I look forward to the opportunity to come alongside of you in teaching your child a love for literature and sewing.

**Information about the Course:**

**Semesters offered:** Fall & Spring

**Day:** Monday (September 11, 18, 25 October 2, 9, 16, 23, 30 - November 6, 13, 20)

**Time:** 9:00-11:00 am **OR** 1:30 – 3:30 pm

**Location:**  Ground Zero Training Center - 1922 E. Main Street, Niles, MI 49120

**Description:** This course is a student’s BASE for sewing, with a super fun adventure twist.

While reading through Laura Ingalls Wilder's Little House on the Prairie series, we will explore what life was like on the prairie. We will wear our bonnets, and come to class with our readers and tin pails carrying our snack much the way Laura and Mary would have head to their classes 150 years ago. With a fun twist, this is actually a sewing class. The first semester we will go way back into the prairie days when they would have to learn the importance of hand stitching. They had no sewing machines, no electricity, just a needle, cloth, and thread. In semester two, we will learn the luxury of modern day technology. We will also learn how inventions have changed the technique of these skills since those longs ago prairie days.

Students, who enroll and successfully complete our Prairie Days sewing class, may purchase a Queen’s Treasure merchandise package for $10 (towards dolls, clothes, accessories, etc. –$50 value) from Ground Zero/Coach Dawson.

Queen’s Treasures’ merchandise is compatible with A.G. merchandise.

Textbook: Little House in the Big Woods (Participation in the reading is voluntary, this is not a requirement of the class)

**Ages/Grades:** Anyone in the Homeschool Partnership

**Class Min # of Students:** 5

**Class Max # of Students:** 20

**Criteria for passing class:** Students will need to attend at least 80% of classes offered and complete the pre and post tests for progress evaluation.

**Prerequisite:** None

**Materials Needed for Class:** None

THE ONLINE MATERIAL USED IN CLASS WILL SATISFY YOUR STUDENT’S WEEKLY VIRTUAL REQUIREMENT AND WILL BE REPORTED TO YOUR PARTNERSHIP LIAISON.

**Weekly breakdown:**

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| **Week 1:**  **Discuss:**  How we will use the book series, Little House on the Prairie, to learn about sewing during our countries Pioneer Era. Give an orientation of the class. Go over rules, set up of classroom, and goals of the class. Discuss chapter 1, assign chapter 2 to read at home. (Reading is optional, not required) | **Week 10:**  Discuss chapter 12 , assign chapter 13 to read at home. (optional, not required)  **Stitching techniques:** Learn how to blanket stitch. Work on our Pillows for our loved one's Christmas present by combining our stitching patterns. |
| **Week 2:**  **Discuss:** chapter 2, assign chapter 3 to read at home. (optional, not required)  **Stitching Techniques:** Securing Stitch, Running Stitch and Tie Off | **Week 11:**  **Discuss:** chapter 13.  **Stitching techniques:** Work on our Pillows for our loved one's Christmas present by combining our stitching patterns.  \*If there is time: Candles and Burlap. Take home our scrapbooks, and evaluations.  Movie Day! Finish all of our projects while watching Little House in the Big Woods. |
| **Week 3:**  **Discuss:** chapter 3, assign chapter 4 to read at home. (optional, not required)  **Stitching Techniques:** Learn how to backstitch |  |
| **Week 4:**  **Discuss:** chapter 4 , assign chapters 5 and 6 to read at home. (optional, not required)  **Stitching techniques:** Work on our Pillows for our loved one's Christmas present by combining our stitching patterns. |  |
| **Week 5:**  **Discuss:** chapters 5-6, assign chapter 7 to read at home. (optional, not required)  **Stitching techniques:** Learn how to plan and draw our cross stitch on graph paper. Work on our Pillows for our loved one's Christmas present by combining our stitching patterns. |  |
| **Week 6:**  **Discuss:** chapter 7, assign chapter 8 to read at home. (optional, not required)  **Stitching techniques:** Learn how to cross stitch. Work on our Pillows for our loved one's Christmas present by combining our stitching patterns. |  |
| **Week 7:**  **Discuss** chapter 8 , assign chapter 9 to read at home. (optional, not required)  **Stitching techniques:** Work on our Pillows for our loved one's Christmas present by combining our stitching patterns. |  |
| **Week 8:**  **Discuss** chapter 9, assign chapters 10 and 11 to read at home. (optional, not required)  **Stitching techniques:** Work on our Pillows for our loved one's Christmas present by combining our stitching patterns. |  |
| **Week 9:**  **Discuss** chapters 10 and 11, assign chapter 12 to read at home. (optional, not required)  **Stitching techniques:** Learn how to sew buttons. Work on our Pillows for our loved one's Christmas present by combining our stitching patterns. |  |

**Pre Test**

1. Do you know how a running stitch is done? Y/N
2. Have you ever made a hand sewn project? Y/N
3. Do you know how a back stitch is done? Y/N
4. Do you know how a cross-stitch is done? Y/N
5. Do you know how a blanket stitch is done? Y/N
6. Do you know how securing a stitch is done? Y/N
7. Do you know how tying-down a stitch is done? Y/N
8. Do you know what time period is known as the Prairie Day Period? Y/N
9. Do you know what a bonnet is used for?
10. Do you know what kids used to carry their lunches to school in? Y/N

**Post Test**

1. Do you know how a running stitch is done? Y/N  
   Do you know how to do a running stitch? Y/N
2. Have you ever made a hand sewn project? Y/N  
   Did you make a hand sewn project this semester?
3. Do you know how a back stitch is done? Y/N  
   Do you know how to back stitch? Y/N
4. Do you know how a cross-stitch is done? Y/N  
   Do you know how to cross-stitch? Y/N
5. Do you know how a blanket stitch is done? Y/N  
   Do you know how to blanket stitch? Y/N
6. Do you know how securing a stitch is done? Y/N  
   Do you know how to secure a stitch? Y/N
7. Do you know how tying-down a stitch is done? Y/N  
   Do you know how to tie-down a stitch? Y/N
8. Do you know what time period is known as the Prairie Day Period? Y/N  
   Were cars used during our countries Pioneer Era? Y/N
9. Do you know what a bonnet is used for?  
   Do you know how to sew a button on to cloth? Y/N
10. Do you know what kids used to carry their lunches to school in? Y/N  
    Do you know where Independence, Kansas is located on a U.S. map? Y/N