Berrien Springs Partnership Syllabus and Instructor Qualifications

# **CLASS TITLE:** **Dolphins Swim Club:  BH/SJ YMCA**

# **Mariners Swim Club:** **Niles Buchanan YMCA**

# **GRADE OR AGE LEVELS:** **ages: 5 – 8, 9-12, 13-18** **START DATE: Current** **END DATE: Open**

# **# WEEKS TOTAL: Ongoing** **DAY/TIME REQUIRED: Various** # **HOURS (REQUIRED):** **16** **TOTAL SEMESTER HOURS POSSIBLE: 42+** **LOCATIONS/ADDRESSES: YMCA Benton Harbor – St. Joseph: 3665 Hollywood Rd. St. Joseph, MI 49085**

# **YMCA Niles – Buchanan: 905 Front St. Niles, MI 49120** **DIRECTIONS TO LOCATION (if needed): Upon request.** **MAIN INSTRUCTOR:** **Kendra Gray (BHSJ)/ Stephanie Hill (NBY)** **CONTACT INFORMATION:** **Allison Kiggins**

# **Phone: 269.683.1552** **Email: akiggins@ymcagm.org** **Website:** **YMCA.org**

**ADDITIONAL REGISTRATION AT SITE REQUIRED?** **YES**  NO  
**IF YES, INSTRUCTIONS FOR REGISTRATION: Please be sure to register online with the Berrien Springs Partnership and be mindful of your YMCA branch** **locations. You will be contacted by the YMCA, via e-mail or telephone, regarding course specifics. \*For late registrations (outside registrations dates), or changes, please contact the partnership as well as the YMCA.**

\***You must attend a minimum of 3 times a week, practice or a scheduled swim event. This class requires a self-payed YMCA membership.**

**MAIN INSTRUCTOR QUALIFICATIONS**: **American Red Cross Lifeguard Certification, CPR/AED/First Aid/Bloodborne Pathogen certification, WSI certification.**

**COURSE DESCRIPTION (complete overview shown on website):**  
**Swim team is open to ages 5–8 who can complete one length of both freestyle and backstroke and ages 9–18 who can complete two lengths of both freestyle and backstroke**

**\*Students should bring appropriate swim attire and goggles.**

**\*\*\*\*Parents cannot stay in class with the student, it is drop off only.  They are welcome to attend 'Watch Me Swim' days as offered, and they can stay in the lobby to observe the lessons, but they can't be in the pool area.**

**SYLLABUS/OUTLINE:**

**Students will learn drills, techniques, and other tools to better their swim skill. Some items include: stroke and kick practice as well as focus on conditioning, speed and stamina.**

**There will also be a small amount of weekly take-home work to further the student’s knowledge outside the pool.**

**S3.2.K,1,2,3,4,5 , S1.29.K,1,2,3,4,5**

**S4.1.K,1,2,3,4,5,6 , S1.30.K,1,2,3,4,5**

**S4.5.K,1,2,3,4,5 , S1.31.K,1,2,3,4,5**

**S4.6.K,1,2,3,4,5 , S1.28.K,1,2,3,4,5**

**S4.2.K,1,2,3, 5b**

# **COURSE OBJECTIVES AND APPROXIMATE TARGET DATES**:

# **See homeschool partnership website.**

**STUDENT ASSESSMENT - what will be used to evaluate student progress and/or end of semester pass/fail status?**  
**Final projects will be presentations (in-person or video) of things such as: ❖ Project boards or detailed slide presentations of the class subject given to any audience – anything from a microscopic, detailed part of what was learned or a 30,000 ft view of the subject matter AND how it relates to the student or the student’s family life, peers, environment, community, or even wider still. ❖ Public service announcement or commercial, etc. ❖ An original composition (song, skit, play, etc.) ❖ Poster, book pamphlet ❖ 3D models ❖ Any other creative, approved project, presented to an audience**

**Class-specific assessment: Project topics will be discussed and chosen during the first few weeks of class.**

# **ADDITIONAL RESOURCES: (online, books, video, etc.): None**

**CLASS POLICIES: ATTENDANCE, BEHAVIOR, WEATHER, ETC.**

**Attendance:** Attendance will be recorded each day. If the student is going to be absent, we request prior notification.

**Behavior: “**Positive anything is better than negative nothing.” Elbert Hubbard

**Other:** Student agrees to attend at least 80% of class sessions/lessons offered. Attendance is kept online and tracked by Partnership staff. Failure to meet 80% or be on track to meet 80% may result in program discontinuation.

The Partnership Student Assessment or Performance Form is filled out by the teacher and turned in to Partnership staff. The link to this form is found on the web page for this class. Failing marks for lack of participation, behavior issues, practice time, etc. may result in program discontinuation.